



## A Note from the Alliance Chair



Ms. Eilyn Hutton  
OMS Foundation Alliance Chair

I'm honored and excited to serve as Chair of the OMS Foundation Alliance Committee during this pivotal year, when alliances have proven to be more vital than ever. I treasure the bonds I have cultivated virtually this year and look forward to connecting with you in Nashville *in-person!*

Need I even ask: Are you ready for some honky-tonk? The Alliance Committee joyfully invites you to join us Sept. 30 for our 2021 luncheon and FUNraiser for GIVE. [Read more.](#)

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## Introducing Olga Stefurak Schwartz

### Alliance Committee member

"The daughter of Ukrainian refugees who emigrated to the United States following World WarII, I was the first in my family to attend college. A graduate of both Pennsylvania State University and the University of Pennsylvania, I have been a physical therapist for 40 years." [Read more.](#)



Mrs. Olga Stefurak Schwartz  
Alliance Committee member

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## Register today for our 2021 Alliance events!

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### [Alliance Luncheon and FUNraiser for GIVE](#)

Thursday, Sept. 30, Noon-2:30 p.m.  
*one fourteen* at the Wildhorse  
\$135 until Sept. 1, \$150 Sept. 2 – 30

### [Nashville and off-site Health Walks for GIVE](#)

**Nashville:** Sept. 29, 30, Oct 1, 7:30 – 8:30 a.m.  
Departs from the Omni Nashville Hotel lobby  
Complimentary networking breakfast to follow  
**Off-site:** Walk with the Alliance in spirit at the time/location of your choosing



*One fourteen at Wildhorse*

**Health Walk registration is free; register by Sept. 1 to receive a custom country playlist for your walk!**

Visit the [Alliance Events](#) page to learn more. View the FUNraiser flier [here](#).

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## Volunteer with the Alliance!

We have openings on our Alliance Committee for volunteers (male and female) who are

- outgoing
- organized
- creative

You'll be helping to develop and implement events and opportunities for members of our OMS community to meet, network and support the OMS Foundation and each other. Put your talents to work for the specialty, expand your network and have some fun! Contact Elynn Hutton ([ellynh@rcn.com](mailto:ellynh@rcn.com)) to learn more.

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## Meet Christie Hammond

### 2016 Kelly Resident Spouse Scholar



Mrs. Christine Hammond and family

My husband, Jeremy, and I first heard about the Kelly Resident Spouse Scholarship opportunity from Dr. Geoff Zinberg, whose wife Lari was a 2014 Kelly Scholar. Jeremy was excited about attending the 2016 AAOMS Annual Meeting in Las Vegas together; I was more hesitant. I was expecting our third child, and money was tight. But he said, "I think we can do this!"

[Read more.](#)

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## OMS De-Stress Exercise

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## Compiled by Ellyn Hutton, OMS Foundation Alliance Chair

An easy-to-remember strategy to help you manage the impact of everyday stressors. It's as simple as ABC: Awareness. Breath. Compassion. [Read more.](#)



## Alliance Anthology

### Mrs. Mady Donoff

In late 1992, I was asked to form a “Ladies Auxiliary” for AAOMS wives. I thought it was a great idea until the Association’s Executive Director asked us to organize a car raffle to raise money for the OMS Foundation. After checking with some of the women I had approached to help form this group, I politely declined the offer. We had bigger ideas. [Read more.](#)



Mrs. Mady Donoff  
Founding Alliance Chair, 1993-98

## Special Thanks to our 2021 ALLIANCE Supporters



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