

## GIVE program rolls out

New for 2019 is the Global Initiative for Volunteerism and Education (GIVE) program, which provides \$2,500 stipends to residents traveling with experienced OMS teams to deliver humanitarian healthcare to communities in need around the world.

The OMS Foundation Alliance, energized by AAOMS's gift-match challenge at the AAOMS Annual Meeting, met its goal to fund five GIVE travel stipends to be awarded in 2019.

To be eligible to apply, applicants must first be accepted by a volunteer surgical program approved by the Foundation. Learn more and download resident and program GIVE applications at [OMSFoundation.org/GIVE](http://OMSFoundation.org/GIVE).

## Mentors key to researcher

Dr. Pushkar Mehra's path to clinical, OMS-specific research began years ago and half a world away in Lucknow, India. While he is busy now wrapping up the third year of his orthognathic surgery study supported by an OMS Foundation Research Support Grant, his initial interest in research began during intensive training with two memorable mentors.

His journey began after being honored as valedictorian at both King George's Medical University in India and Boston University's Henry M. Goldman School of Dental Medicine, where he earned his DMD. Following his residency at the combined training program between Boston University and Tufts University, he set off to Dallas for a fellowship in maxillofacial reconstructive surgery under Dr. Larry Wolford at Baylor University Medical Center.

Dr. Wolford ignited Dr. Mehra's interest in orthognathic surgery and TMJ disorders and encouraged him to always be on the lookout for new and innovative surgical solutions to complex medical and dental conditions.

Dr. Mehra fondly remembers his time at Baylor, where Dr. Wolford taught him to "never give up and to keep looking for answers to complex medical scenarios."

*continued on page 4*

### INSIDE THIS ISSUE

- 2** Foundation's Board a solid team
- 3** Mentors key
- 4** Foundation honors its MVPs at Annual Meeting
- 4** Featured donors: Treloar & Heisel
- 5** Norma L. Kelly Resident Spouse Scholarship winners
- 5** Social opportunity meets social responsibility
- 6** Inspiring future OMSs to pursue their dreams
- 6** University sets a (purple and) gold standard

**Oral and Maxillofacial Surgery Foundation**

9700 W. Bryn Mawr Ave.  
Rosemont, IL 60018

[OMSFoundation.org](http://OMSFoundation.org)

**P** 847-233-4304 | **F** 847-678-6254



## Foundation's Board a solid team

Henry Ford once said coming together is a beginning; keeping together is progress; working together is success. This year, we experienced the full arc of that spectrum at the Foundation. From the early stages of our Strategic Alliance with AAOMS through the final months of our Centennial Tree campaign, I have been in awe of the dedication, creativity and engagement of our Board members. Every one of them has stepped up as a donor and a champion for our mission, and their infectious enthusiasm has captured the attention of all who heard their messages.

Within three months of the Strategic Alliance's adoption, the Foundation had a new Strategic Plan with five priority goals and a Board member assigned to each, tracking our progress against the benchmarks we set.

These included communicating more effectively with all our audiences, implementing accurate and meaningful donor recognition protocols, cultivating and sustaining new corporate support relationships, and developing a clinical research program as well as a program to support humanitarian service opportunities. That is an ambitious agenda, and I am proud to say we have made significant progress on each objective.

The reinvention of our relationship with AAOMS was instrumental to our success. We streamlined our financial management processes, freeing up more donor dollars for research and education. Tapping into AAOMS's communications channels expanded our reach and increased our visibility.

Foundation representation on the CET, CRPTA and CPPC opened channels of communication and facilitated collaboration with AAOMS at unprecedented levels. We are getting work accomplished, and the enthusiasm continues to spread.

Drs. Thomas Dodson, Eric Geist and Stephanie Zastrow deserve a round of applause (and more) for their contributions as they depart our Board. Dr. Dodson postponed his exit to serve on our Transition Committee, helping keep our ship on an even keel in uncharted waters. Dr. Geist proved himself to be a valuable resource on every level - contributing new ideas, cultivating new donor prospects and championing the Foundation to everyone he met. Dr. Zastrow was an enthusiastic advocate for the Foundation to OMS residents and helped ensure residents' priorities and concerns were represented to our Board.

There remains so much more to do. Similar to our new GIVE program, we are just getting started, and there will be bumps in the road. But I am more excited about the possibilities ahead of us than I have ever been, and I look forward to working with the Board, staff and volunteers for the Foundation who have proven themselves capable of making the improbable possible and then making it reality.

Thank you for supporting us in this rewarding work!



Kathy A. Banks, DMD  
OMS Foundation Chair

### 2018-19 OMS Foundation Board of Directors

Dr. Kathy A. Banks, Chair  
Mr. William C. Passolt, Vice Chair  
Dr. J. David Johnson Jr., Treasurer  
Dr. Douglas W. Fain  
Dr. Brett L. Ferguson  
Dr. Dale J. Misiek  
Dr. Victor L. Nannini  
Dr. Louis K. Rafetto  
Dr. W. Frederick Stephens  
Dr. Thomas P. Williams  
Dr. Thomas F. Burk,  
ROAAOMS Liaison

### OMS FOUNDATION STAFF

Scott Farrell, MBA, CPA  
Mary DiCarlo  
Amanda Thomas  
Mary Ward

OMS Foundation email:  
info@omsfoundation.org  
Website:  
OMSFoundation.org

*Kathy A. Banks, DMD*

## Save the date

### OMS FOUNDATION ACTIVITIES

Nov. 1	Residents may apply for GIVE program	Dec. 1-31	Treloar & Heisel gift match up to \$50,000
Dec. 31	Last day to donate to Centennial Tree campaign		

## Mentors key

Continued from page 1

Five years working one-on-one under Dr. Philip Maloney at Boston City Hospital convinced Dr. Mehra he had found his niche.

“Dr. Maloney was an old-school mentor,” Dr. Mehra said. “He was humble and patient and a very good listener. He was very good at helping people recognize and focus their talents toward providing the best possible care for the patients.

Dr. Wolford’s lessons in persistence proved invaluable as Dr. Mehra constructed and reconstructed a prospective observational study of the outcomes for patients undergoing orthognathic surgery for dental and facial deformities who also exhibited typical temporomandibular disorder (TMD) symptoms.

“A substantial number – 42 percent – of our patients with dental and facial deformities also often complained of joint pain, limited jaw function, headaches and other symptoms that we associated with TMD,” Dr. Mehra said. “The presence of concomitant TMD is considered a risk factor that can affect the outcomes of orthognathic surgery.

“We wanted to know whether patients with TMD are at risk for worse outcomes from orthognathic surgery than those without TMD. The evidence gathered to date had been only retrospective and – although as oral and maxillofacial surgeons we believed that orthognathic surgery did offer relief to TMD sufferers – the reality was that we didn’t have any real evidence-based data.”

As Dr. Mehra’s practice grew, his access to “real data” expanded, and he resolved to subject the specialty’s prevailing assumptions to carefully controlled examination, aiming to answer the following questions: Does orthognathic surgery improve, worsen or have no effect on TMD symptoms? Is early corrective surgical intervention in the best interest of, for example, a patient with mandibular retrognathism who exhibits TMD symptoms?

An OMS Foundation Research Support Grant helped launch Dr. Mehra’s investigation in 2015. Independent examiners divided 97 orthognathic surgery candidates into TMD-positive and TMD-negative groups, and the number of participating surgeons and radiologists was controlled to minimize human inconsistencies.

After three years, the clinical aspect of the prospective study is complete, and Dr. Mehra’s team is reviewing the radiological data obtained from pre- and postoperative MRIs of each patient.

“After 20-plus years of decision-making based upon anecdotal evidence, OMSs will have hard data at last to back up their diagnoses and recommendations,” Dr. Mehra said. “The biophysical findings of our project will hopefully directly benefit OMS practitioners faced with complex diagnoses and improve outcomes for their patients who have entrusted them with their confidence.

“We expect our study will open the door to different, more complex questions,” he said. “That’s a good thing for our specialty. Our surgical world is becoming more complex and research funding is more scarce than ever, so OMS-specific, clinically oriented research is essential to the success of our specialty.”



Dr. Mehra



If you’ve been waiting for the right time to give,  
your moment is now.

Thanks to the generosity of Treloar & Heisel, your gift will be matched up to a total of \$25,000 from Dec. 1 – 31. Donate today to ensure that research, education and academic excellence are the defining attributes of AAOMS’s next, best century.

**The future of the OMS specialty is too important to leave to someone else.**

*Claim your leaf on the Centennial Tree.*

**Gold**  
\$10,000

**Silver**  
\$5,000

**Bronze**  
\$2,500

“Our relationship with the specialty is deeply rooted, and we truly feel it is important to give back and support the profession. The work of the Foundation is multi-faceted; much of what they do could not happen without the support of AAOMS members and friends of the Association.

*The only way to ensure future patient outcomes continue to improve is to invest in the Foundation today.”*

– Scott Fehrs and Kenneth Thomalla, owners, Treloar & Heisel



The Centennial Tree will be on display at AAOMS. The OMS Foundation is a 501(c)(3) nonprofit organization. Your contribution is tax-deductible to the fullest extent allowed by law.

## Foundation honors its MVPs at Annual Meeting

The Foundation honored its star performers at the AAOMS Annual Meeting on Oct. 10 in Chicago. The awards recognized those who have gone “above and beyond” on behalf of the Foundation. Recipients are selected via ballot by the Foundation Board of Directors.

### Torch Award



Dr. Spina

Dr. Anthony L. Spina was honored with the Foundation’s prestigious Torch Award for his years of service to the Foundation Board and its committees and his generous support as an annual and major donor and silver-level R.V. Walker Society member. Dr. Spina is a high-profile champion for the Foundation, a sought-after lecturer and published author.

“I am truly honored to be recognized by my peers,” Dr. Spina said. “It’s gratifying to realize my efforts did not go unnoticed, and it’s a wonderful feeling to be part of this specialty and promote philanthropic ventures through the Foundation.”

### Research Recognition Award



Dr. Schmidt

Dr. Brian L. Schmidt was recognized with the Research Recognition Award as an individual who has made outstanding research contributions to the specialty. He is a strong leader in the research of oral cancer and pain, serving as principal investigator on several clinical studies.

“OMS Foundation-supported scientists and residents experience the arduous challenges posed by biomedical science,” Dr. Schmidt said. “After nearly 20 years in the game, I have mentored the scientific work of dozens of students and residents. I am profoundly thankful to the OMS Foundation for supporting my work as well as that of my students and residents.”

### Gerald E. Hanson Outstanding Service Award



Dr. and Mrs. Klemmedson

Daniel and Adaline Klemmedson’s steadfast support and significant contributions to the Foundation were honored with the Gerald E. Hanson Outstanding Service Award. Gold-level R.V. Walker Society members, Dr. and Mrs. Klemmedson also have served on numerous boards and committees that have benefited patients, peers and their community on state and regional levels. Mrs. Klemmedson is a long-standing Alliance supporter and currently serves on the Foundation’s development committee as a consultant.

“We both have been fortunate to have successful and rewarding careers and want to give back to the profession and communities that have been good to us,” the Klemmedsons said. “We believe in giving back and investing in the future and are blessed to be able to give of our time, talent and treasure.”

### Daniel M. Laskin Award



Dr. Bouloux

Established in recognition of Dr. Laskin’s many years as editor-in-chief of the *Journal of Oral and Maxillofacial Surgery*, this award is presented annually to the authors of the most outstanding article published in the *Journal* from the previous year, as selected by the *JOMS* editorial board.

This year’s Laskin Award honors Drs. Gary F. Bouloux, Joli C. Chou, Deepak G. Krishnan, Tara L. Aghaloo, Nora Kahenasa, Julie Ann Smith and Helen Giannakopoulos for their article, “Is Hyaluronic Acid or Corticosteroid Superior to Lactated Ringer Solution in the Short-Term Reduction of Temporomandibular Joint Pain, and Improving Function and Quality of Life After Arthrocentesis? Parts 1 and 2.”

“The Daniel Laskin award is important as it is named after one of our specialty’s greatest pioneers and an individual who is dedicated to scientific research,” Dr. Bouloux said. “The award signifies that the research and writing reflected the highest standards in clinical research. Competing with over 1,000 submissions to *JOMS* and being acknowledged for the quality of the manuscript brings all of the authors a great sense of pride.”

## Featured Donors: Scott Fehrs and Kenneth Thomalla

*Treloar & Heisel*

Treloar & Heisel has been providing financial services to AAOMS members since 1969 and has contributed more than \$150,000 to the OMS Foundation to support its mission and programs. Owners Scott Fehrs and Ken Thomalla have energized the home stretch of the Foundation’s Centennial Tree campaign with their promise to match every gift made to the Foundation in December up to a maximum of \$25,000. Learn more about Treloar & Heisel at [treloaronline.com](http://treloaronline.com).



## Nine Norma L. Kelly scholarship recipients welcomed

The OMS Foundation Alliance awarded scholarships to nine spouses of residents attending the 2018 AAOMS Annual Meeting. These scholarships offset travel expenses and enable the recipients to attend the Annual Meeting, along with Alliance events where they can network and connect with the Alliance Committee and other participants.

### 2018 Norma L. Kelly Resident Spouse Scholarship winners

*Standing from left: Kenny Estelle (with Owen), Valeria Burks, Ashley Barzan, Alison Mancina, Ansley Bunnell, Emily Boggess, Vivian Marechek (with Micah)*

*Seated from left: Catherine Cagino, Maria Tandon*



“Thank you so much for such a wonderful opportunity to meet and network with other spouses. It was easy to get to know people for the first time in a casual and relaxed environment. We were able to have meaningful conversations and really get to know each other.

“What a beautiful location for the annual lunch. It was clear a lot of work went into organizing the event; no detail was overlooked. I enjoyed chatting with all the women who graciously donated to our scholarship. It is nice to know there is light at the end of the tunnel!”

— Ashley Barzan, Halifax, Nova Scotia

## Social opportunity meets social responsibility

The OMS Foundation Alliance’s signature blend of style and spirit was on full display at its Silver Anniversary Annual Event held Oct. 11 in Chicago.

The city’s Magnificent Mile provided the backdrop for an elegant luncheon, style show and fundraiser for the Foundation, with The Signature Room at the 95th overflowing with friends of the Foundation and the specialty. A multigenerational mix of Alliance leaders, donors and guests offered a warm welcome to the next generation, the nine spouses of OMS residents whose travel expenses to Chicago were covered by the Alliance’s Norma L. Kelly Resident Spouse Scholarships with support from OMSNIC. In this milestone year, it was fitting the Alliance welcomed its first male scholarship recipient, Kenny Estelle.

Twenty-five years ago, as chair of the newly formed Alliance steering committee, Mady Donoff helped visualize the path to this moment. With the support of AAOMS and the Foundation, the committee envisioned an organization that would encourage spouses, allied staff and friends of the specialty to meet, network and find their place within the OMS community while supporting the important work of the Foundation.

“We wanted the Alliance to be fun, but we wanted it to have substance too,” Donoff said. “We welcomed more than 200 new members in our first year and invited a speaker from the National Center on Child Abuse and Neglect to speak at our first fundraising event. We chose to focus on health and social issues related to family and community, and we raised \$15,000 in 1995 to support a pediatric fellowship at the University of Michigan. We had a lot of fun too.”

Donoff served on the Alliance Board until 1997 and was honored with the Foundation’s Torch Award in 1998.

Sara Matzkin also served on the steering committee and remembers those early years vividly.

“We wanted to create an opportunity for the spouses attending the Annual Meeting to find each other and do some good as a group,” she said. “I’m proud of what we accomplished, and I made friends through the Alliance that I treasure to this day.”

In 2018, the Alliance remains true to its core principles of camaraderie and philanthropy. The Foundation unveiled its new Global Initiative for Volunteerism and Education (GIVE) program at the 2018 AAOMS Annual Meeting, and the Alliance committed at its luncheon to funding five \$2,500 travel stipends for residents who have volunteered to serve with surgical teams delivering humanitarian medical care to remote, underserved communities in 2019.

## Inspiring potential OMSs to pursue their dreams

Five students at the University of Pennsylvania School of Dental Medicine are pursuing their interests in OMS-related research topics this year with guidance from Dr. Steven Wang, their program director, and funding from a Student Research Training Award from the OMS Foundation.

Scientific research posters submitted by Penn students Dr. Brian Carr and Jennifer Caughey were presented at the 100th AAOMS Annual Meeting in October. Student Research Training Awards provided them with a stipend and covered their travel expenses to Chicago.

Other students are exploring topics – with support from faculty – ranging from TMJ surgery to tongue reconstruction using gingival mesenchymal stem cells.

“Funding from the OMS Foundation encourages dental students to engage in research and understand the broad scope of oral and maxillofacial surgery,” Dr. Wang said.

“Ultimately, we hope to inspire these students to join the field of oral and maxillofacial surgery and develop their potential as leaders in the specialty.”



From left: Drs. Carr and Wang

## University sets a (purple and) gold standard



The University of Washington OMS program residents and directors

The University of Washington OMS program residents established their status as “forever gold” in 2018, raising more than \$8,000 in just three weeks to claim a gold leaf for their program on AAOMS’s Centennial Tree.

Dr. David Ludwig’s team of UW residents, “Team OMS Foundation,” started the ball rolling in June, raising \$1,900 through a GoFundMe page for the Rock ‘n’ Roll Seattle Marathon.

Later in the summer, Dr. Jasjit Dillon, the program director of the Department of Oral and Maxillofacial Surgery, challenged the entire team of 22 OMS residents to claim a leaf on the Centennial Tree to show their loyalty to their program and solidarity with AAOMS and its OMS Foundation.

Third-year resident Dr. Joseph Garcia took the lead, accepting donations from every one of his fellow residents. In 48 hours, he had gathered more than \$2,500, earning a bronze leaf on the Centennial Tree for the university.

Far from done, Dr. Dillon told the group, “We are not accepting third-best in anything.”

Backing this sentiment, Dr. Garcia said, “UW isn’t bronze and purple, nor are we silver and purple. We are GOLD and purple.”

The goal was set: To earn a gold leaf, they would need to raise \$10,000.

Phase II challenged the faculty to match the residents’ donations, and silver status was achieved in 10 days, building the momentum that proved unstoppable.

“Phase III was easy,” Dr. Garcia said.

A few phone calls and an email to UW alumni were all it took to push the total past \$10,000, rendering UW “forever gold.”

Asked to describe UW’s fundraising strategy, Dr. Thomas Dodson, professor and chair of the Department of Oral and Maxillofacial Surgery, summed it up succinctly: “We just outlined the opportunity with the residents – and they ran with it.”

“Way to go U. of Washington! I suddenly find myself a Husky fan!”  
– AAOMS Trustee Dr. Paul Schwartz, Dunkirk, Md.